

Eight easy steps to a healthful computer workstation.

Discover **WorkMod™**

1 Top of monitor lines up with top of head.

2 Screen is positioned at arm's length.

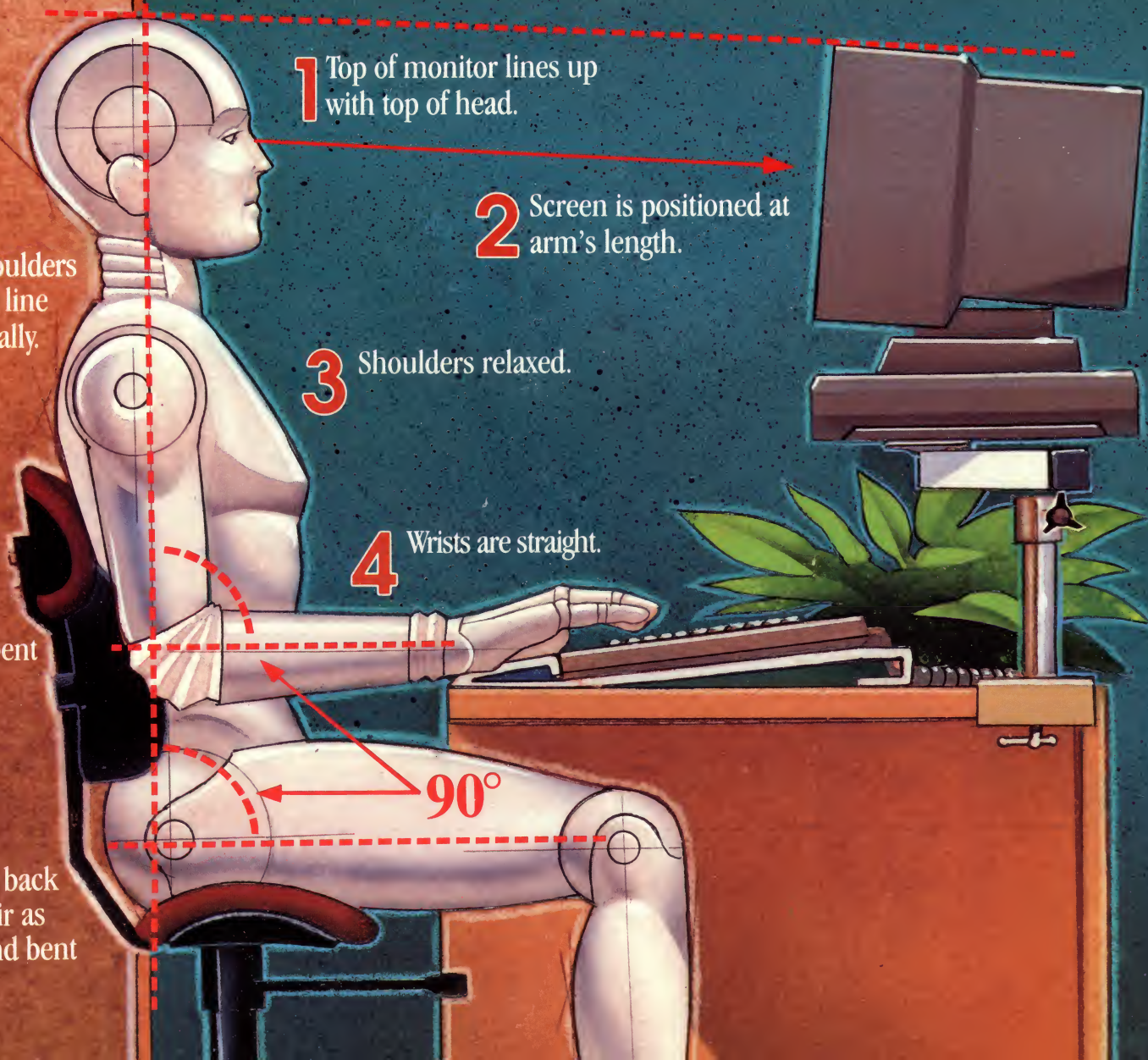
3 Shoulders relaxed.

4 Wrists are straight.

5 Ears, shoulders and hips line up vertically.

6 Elbows bent at 90°.

7 Hips as far back on the chair as possible and bent at 90°.



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90°

8 Feet supported.

Discover *WorkMod*™



New technology, developed by health care professionals, that adapts workstations to create a safer, more productive office environment.



WorkMod™ Wrist Saver

Reduce fatigue and pain of typing on a computer keyboard with the innovative WorkMod Wrist Saver. This ergonomically designed keyboard accessory stabilizes your wrist in a correct position while typing, reducing the risk of painful injuries. Ideal for use in your home or office. Includes a grounding cord for static control. The standard model fits keyboards up to 18" wide. The extended model fits keyboards up to 21" wide.

NC73580 Standard Model

NC73590 Extended Model



WorkMod™ Neck Saver

The WorkMod Neck Saver prevents neck and back strain in the home or office. With your screen raised to the correct height for viewing, the cause of strain is eliminated. The arm rotates 360° and adjusts to 9" above desktops. The durable steel and chrome construction supports up to 50 lbs. Available in clamp or surface mount. The clamp mount attaches without tools.

NC73581 Clamp Mount

NC73582 Surface Mount



WorkMod™ Foot Rest

Relax and put your feet up while working! Back pain and fatigue are reduced and comfort increased with the WorkMod Foot Rest. This multi-position foot rest slightly elevates feet, reducing pain and fatigue. The slightest pressure from your feet will adjust the foot rest to the correct position. This unique apparatus will even move with your feet when stretching your legs.

NC73583



WorkMod™ Back Support

Make your office or home more comfortable with the WorkMod Back Support. This unique back support provides firm comfort for your lower back. By maintaining a correct sitting position, back discomfort and fatigue are relieved. This cushion is easy to put on chairs and stays in place during use.

NC73585



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